



February

17,2023

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Samson Cree Nation Maskwacis Alberta Canada Health

The Amazing Race

Yvonne Nepoose Rich Interview with the Acimowin.

Words by Guide

February 13, 2023

Interview with Yvonne Nepoose Rich and the Amazing Race.

Guide: What do you want people to get out of the Amazing Race? What is the main goal?

Yvonne: The main goal is that we want them to think about the harmful effects of smoking, what it does to the body and to not smoke during the race. With the NNADAP part we want them to know who their first responders

are out there in the community like the Maskwacis RCMP **Yvonne** detachment and the NNADAP **d** the program.

Guide: The Amazing Race is just adding fun to the awareness?

Yvonne: Yes.

Guide: If someone does want to stop smoking can you they call you?

Yvonne: Yes they can. I am with Samson Community Wellnessthe NNADAP program and the





Tobacco Project. You can call us at 780-585-3634 extension 1039.



Guide: Do you know the statistics of smokers on the reserve?

Yvonne: When we first started the Tobacco Project back in 2015 we did a survey and 80% of the people on the reserve were smoking. This was either chewing tobacco or smoking. When we were done gathering our statistics in 2019, before Covid 19, we contacted approximately 4250 people and that is how many people quit smoking. We have a community about 10,000 people so we reached almost half of the population. After Covid 19 what happened was the vaping came out. The youth started vaping and now we are trying to help the youth to stop smoking. As well Marijuana has been legalized and now there is another issue there.

Guide: People will learn about this information if they come out to your program?

Yvonne: Yes they will. I am actually doing tobacco cessation within the four nations. We had one session in our TP room at the Willowview building. My next course will be on February 16 at the Pigeon Lake Recreation Centre.

Guide: Any more projects coming up before we end the interview?

Yvonne: We are having another Amazing Race on St. Patrick's Day.

Guide: Is NNADAP on facebook?

Yvonne: Yes we are on the Samson Community Wellness page. We post all our information on that group page.

Images by Guide

Youth Gathering: Inspiring the Future

February 16-17, 2023

The HBMC in Samson: There was a Youth Gathering in Samson and all four nations youth were invited. Day one had a lot of youth participating in the event. Indigenous musical artist Okema was present and he talked about his song "Life Of A Native," and the inspiration it took to write it. Before Okema, Taylor Bull was speaking to the youth.

There were vendors like The Early Years, Youth Hubs (Canadian Mental Health Association), Maskwacis Cultural College, Young Spirit Winds and Sandy from the Maskwacis Mobile Mental Health were present. The information booths were: Maskwacis Cultural College, Samson Youth & Sports Development (SYSD), Samson Community Wellness NNADAP Program, Maskwacis Mobile Mental Health, Integrated Family Services, Young Spirit Winds, the YMCA, Maskwacis Heath Services and the Early Years.

Each day saw the youth going to sessions. Keynote speakers were: Devin Buffalo, Kiya Bruno, JR LaRose and Latiya Northwest.





Current Events



Peace Hills Insurance Gives Money to Samson Education Department (NITF)

February 2023: Samson Cree Nation Okeymow (Chief) Saddleback and Councilor Marvin Yellowbird received \$325,000 on behalf of the Nipisihkopahk (Samson) Iyinisiwin Trust Fund (NITF). Photo by Delorna Buffalo-Makinaw.

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Gaming Tournament Coming Up Saturday March 18, 2023. Location: HBMC in Samson.







Devon Morin Information Session on "Clean Energy and Us." Feb 14, 2023



Our vision here at Tiphaskahn Kamik is to have a lower cost of operations for the nation, with some solar panels already installed across Samson, we are hoping to lower cost in a few areas. The amount of money spent currently on commercial buildings can be lowered and the amount saved over the course of 3 years. The panels could pay for themselves and the life expectancy for a solar panel is roughly 30 years and the amount of money saved over this period could be used for better uses like infrastructure.

Mission

Our mission at Tiphaskahn Kamik is not to completely eliminate the need for energy providers but to provide a lower need/cost to use energy. This in turn will help the nation to reduce the carbon footprint.

Smart Renewable Energy

Operating/Maintaining solar arrays is our

goal. Another goal is to make a bigger understanding into energy investments for projects that include solar arrays. Here is how we achieve our goals:

Step 01: Data collecting and understanding the maintenance with solar panels applications and procedures.

Step 02: After data collection estimates will be made for the next best location to apply the next solar panel project in the SCN businesses.

Step 03: Contacting Solar Edge, SCN worked with previously with on solar projects and find the best angle to start applying solar arrays to collect energy.

Contact Us Devon Morin Email: devonm.scn@gmail.com Ph: 780-585-3793. Located at the Samson CTA Administration Building.



UPCOMING EVENTS

February 2023

*February 18: **Kanawemahwasowin Kamik Inc. Round Dance** at Ermineskin High School Gym. Time: 6 PM.

*February 19: **Family Day at Bear Park** with SYSD Ph 780-585-3012. Time: 12-7:30 PM. Dress for the weather. Fire Works to follow.

*February 20: **Family Day 2023 Fun For The Whole Family.** Location: Four Nations Arena. Time: 12 PM to 4 PM. Call the Arena for more information 780-585-3771.

*February 21: **Cultural Teachings with Jerry Saddleback.** Location: Maskwacis Ambulance Authority boardroom. Time: 9 AM to 4 PM.

*February 22: Pink Shirt Day.

*February 22: **Men's Group** Every Wednesday. Lunch provided. No Registration needed. Call 780-585-2254 and speak to AJ.

*February 22: **Grandmothers Of The Earth**. Facilitator: Trish Bowie. Time: 10 AM to 3 PM. Contact: Samson Community Wellness Tamara Saddleback 780-585-3634 Call or Text.

*February 23: **Grandmothers Of The Earth**. Facilitator: Trish Bowie. Time: 10 AM to 3 PM. Contact: Samson Community Wellness Tamara Saddleback 780-585-3634 Call or Text.

*February 23: **Autism Support Group**. Maskwacis Parents Place, Integrated Family Services. Location: NOK Building in Ermineskin. Time: 4 PM to 6 PM. Transportation provided. Please call Carmella at 780-585-2254. To book a Ride please call by February 21.

*February 25: **We Invite New & Expecting Moms To Join Us For Tea With Our Elders**. Time: 1 Pm to 3 PM. Location: NOK Building in Ermineskin. Call 780-913-5341. Email: elders@ ualberta.ca University of Alberta. Facebook: Maskwacis Elders Mentoring Program.

March 2023

*March 1: **Cultural Teachings with Jerry Saddleback.** Location: Maskwacis Ambulance Authority boardroom. Time: 9 AM to 4 PM.

*March 1: **Men's Group** Every Wednesday. Lunch provided. No Registration needed. Call 780-585-2254 and speak to AJ.

*March 3: **We Invite New & Expecting Moms To Join Us For Tea With Our Elders**. Time: 5 PM to 7 PM. Location: NOK Building in Ermineskin. Call 780-913-5341. Email: elders@ualberta.ca University of Alberta. Facebook: Maskwacis Elders Mentoring Program.

*March 10: **Fire Fighting Training** at Bear Park. 10 AM to 4 PM.

*April

*April 6-9: **Native Provincials Hockey.** Edmonton.

*April 13-16: **Native Provincials Hockey**. Calgary.

*August

August 11-13, 2023: **Samson Cree Nation Pow Wow**. Host Drum: Sharp Shooter. For more information please call the Pow Wow Chairperson at 780-585-3793.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17 Acimowin	18 Round Dance Ermineskin High School 6 PM.
19 SYSD Family Day at Bear Park	20 Family Day 2023 at Four Nations Arena 12-4 PM.	21 Cultural Teachings with Jerry SB Maskwacis Ambulance Brdrm.	Mens Group 12-2 PM. Elders Wellness Day 10	NOK.	24 MCSS Round Dance Louis Bull 6 PM	25 Enoch Round Dance Rec. Centre 7 PM.
26	27 American Sign Language (ASL) with IFS Class 5 PM	28				

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Cultural Teaching with Jerry SB. Ambulance boardrm. 9 AM.	2	3	4
5	6 Enoch River Cree We Are Still Here youth conference.	7 Enoch River Cree We Are Still Here youth conference. Buffalo Delivery Bittern LK.	8	9	10 Acimowin Cultural Teaching with Jerry SB. Ambulance boardrm. 9 AM.	11
12 Daylight Savings Time Ends.	13 Cultural Teaching with Jerry SB. Ambulance boardrm. 9 AM.	14	15	16	17 St. Patrick's Day.	18 Gaming Tournament with HBMC 11 AM to 8 PM. Strathmore Pow Wow.
19 Town of Strathmore Pow Wow. Rec Centre.	20 Spring Begins.	21	22	23 MEC Job Fair HBMC.	24 Acimowin	25
26	27	28	29	30	31	
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Samson Cree Nation Acimowin



First Nations Drinking Water SETTLEMENT

The First Nations Drinking Water Settlement Claims Process is Open

The claims process for individuals and Impacted First Nations in the First Nations Drinking Water Settlement is open. Impacted First Nations have until December 2, 2022 to accept the Settlement Agreement by submitting a Band Council Acceptance Resolution. The deadline for individuals to submit a claim is March 7, 2023.

This is the first drop in recognizing the communities impacted. See what claims process is right for you and access the online Claim Form at www.firstnationsdrinkingwater.ca

How do you know if you are eligible? You might be included in the settlement if you:
 are a member of a First Nation; and

- were born before November 20, 1995 and lived on an Impacted First Nation that was under a drinking water advisory that lasted for a year or longer, between November 20, 2013, and June 20, 2021; or
- were born on or after November 20, 1995 and lived on an Impacted First Nation that was under a drinking
 water advisory that lasted for a year or longer, between November 20, 1995, and June 20, 2021.

The settlement also includes children, those under disabilities (someone who is unable to manage their affairs due to mental incapacity) and loved ones who passed away on or after November 20, 2017 (if they also meet the criteria above). Additional compensation may be available for those who followed long-term drinking water advisories but still suffered Specified Injuries.

To learn more, visit www.firstnationsdrinkingwater.ca

If you would like to receive a paper copy of the Claim Form or have questions about making a claim, call the Administrator toll-free at 1-833-252-4220.



Scan here to sign up for settlement updates February 16, 2023

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Samson Cree Nation is a Nation that is on the List for the First Nations Drinking Water Settlement. For assistance in applying make your appointment with the Samson Legal Department at 780-585-3793 ext 106.

The settlement includes compensation for Impacted First Nations and eligible individuals as well as commitments to fund the construction, operation and maintenance of infrastructure needed to provide regular access to safe drinking water in their homes.

Compensation is available for Impacted First Nations and eligible individuals subject to drinking water advisory that lasted at least one year between November 20, 1995 and June 20, 2023.

As an individual you can submit a Claim Form even if your First Nation does not submit a Band Council Acceptance Resolution. Individuals can also apply for additional compensation for Specified Injuries. For More information contact Pamihowin (Samson Legal) Department at 780-585-3793 Ext 106 They will assist in filling out forms.

Website: https://firstnationsdrinkingwater.ca/index.php/claims-forms/

February 24-26, 2023: **Mihcet Napewak Weekend**. Dudes Being Dudes. Call Chalo Montour 780-585-3305. Samson Community Wellness.

Youth Anger Management: Started February 15, 2023. 8 week Program. Every Wednesday. 4:30 PM to 6 PM. Willowview Building. Samson Community Wellness. Call 780-585-3634.

Volleyball. Beginner Intro Ages 6-9 years of age, Time: 5-6 PM. Youth/Adult Drop In Tuesday and Thursday. Location: HBMC. Time: 6-9 PM. Call Royce Buffalo & Jordana Littlepoplar 780-585-3012.

Samson Cree Nation Job Board 2023

Personnel Department Box 159 Maskwacis AB T0C 1N0 780-585-3793 ext107 Fax 780-585-2088

Closing Employment Department **Include With Your** Send Resume **Closing Date Opportunity** Time Posting **Application** To: Feb 17, 2023 Receptionist Community Drivers, 3 references, personnel.179@ 4 pm Wellness criminal record check. gmail.com Feb 21, 2023 Gas Utility Samson Gas Resume, certificate. personnel.179@ 4 pm Operator Utility Drivers, Reference letter. gmail.com Public Works Feb 21, 2023 Heavy Drivers license, Operate personnel.179@ 4 pm Equipment heavy equipment gmail.com Operator Resume, Class 1 personnel.179@ Feb 21, 2023 Garbage Truck Public Works 4 pm Operator Drivers, criminal record gmail.com check. Feb 28, 2023 Financial Finance Resume, Certificate, personnel.179@ 4 pm Drivers license, criminal gmail.com Accountant Department record check. Financial Resume, Certificate. Feb 28, 2023 Finance personnel.179@ 4 pm Administrator Drivers license, criminal gmail.com Department record check. personnel.179@ March 1, 2023 4 pm Senior Records Central Registry Resume, Certificate, Officer criminal record check. gmail.com



January 17, 2023: Siding 16 Lodge in Wetaskiwin. There were some Graduates from the Samson Cree Nation after the new year. The Red Deer Polytechnic, Montana, Samson



and Montana First Nations participated in the **Health Care Aid and Medical Office Certificate** training. Students had practicums in Ponoka (thank you Altitude Spa), Wetaskiwin and Lacombe.

Samson Cree Nation Acimowin



FUN FOR THE WHOLE FAMILY

PLACE: FOUR NATION ARENA DATE: FEBRUARY 20, 2023 TIME: 12:00 - 4:00 PM





Family Day Events

Family Skate Crib Tournament Road Hockey

Family Skate Free Hotdogs & snacks

Ace to King card game

For more info, contact the Arena at 780-585-3771



Clean Energy & Us



ACIMOWIN

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www.samsoncree.com